Phoenix Integrated Menu

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|  | **Week Commencing** **4th March 2024**  | **Week Commencing** **11th March 2024**  | **Week Commencing** **18th March 2024**  | **Week Commencing** **25th March 2024** |
| **Monday** | Sausages Mashed Potato & BeansOrIrish StewBrownie & Juice | Beef Lasagne & Garlic BreadOrVeg Soup & Ham SandwichWaffle & Toffee Sauce | Off | Mini Meatballs in Tomato SauceWith SpaghettiOrChicken Fried Rice Curry SauceBrownie & Milk |
| **Tuesday** | Chicken Curry & RiceOrSteak & Vegetable Casserole withMashed PotatoChocolate Sponge & Custard | Sweet & Sour Krispie Chicken & RiceOrFish Goujons Mashed Potato & PeasIce Cream Tub | Chicken Curry & RiceOrSausages Mashed Potato & BeansIced Doughnut & Juice Box | SURPRISESURPRISE |
| **Wednesday** | Pasta Bolognaise & Garlic BreadOrBaked Potato Cheese & BeansWith Side SaladIced Smoothie | Shepherd’s PieOrCheese Omelette Mashed Potato Side SaladShortbread & Milkshake | Spaghetti Bolognaise Garlic BreadOrFish Fingers Mashed Potato & PeasCaramel Tart & Custard | Off |
| **Thursday** | Roast Chicken, Stuffing, Carrots & Peas Creamed Potato & GravyYoghurt | Roast Chicken, Stuffing, Mixed VegRoast Potato & GravyYoghurt | Roast Chicken, Gravy, StuffingMixed Veg & Creamed PotatoesYoghurt | Off |
| **Friday** | Breaded Cod or Chicken Kebab withChips & BeansCookie & Milk | Chicken Goujons Or Fish Fingers ChipsColeslaw Red SauceChocolate Square Bar & Juice | Chicken Bites or Pizza Chips Red SauceCookie & Milk | Off |