



PARENTS QUICK GUIDE TO CORONAVIRUS RELATED ILLNESS

We understand that many of you are uncertain about the procedure for illness as we navigate our way through the reopening arrangements for school. We have put together a list of possible scenarios to help you. **The most important that you can do is contact GP/PHA for advice.** We are here for help and support but as we are not medical experts, are not able to advise about the details of individual cases. Finally, PHA advice supersedes anything sent out by school. **IF YOU ARE RINGING SCHOOL ABOUT ILLNESS PLEASE CONTACT THE SCHOOL OFFICE, NOT CLASS TEACHERS.** For more information visit: <https://www.publichealth.hscni.net/>

| What will I to do if..... | Action needed | Return to school when.... |
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| <p><i>If my child is ill and I am not sure if they have symptoms</i></p> <p><i>EG – normal childhood illness</i> <i>Upset stomach</i> <i>Runny nose</i> <i>Sneezing</i> <i>Sore head</i> <i>Feeling generally unwell</i></p> | <p>We advise you to ring GP for advice BEFORE you send your child(ren) to school. As we are not medical experts we can't give specific advice. For example, if your child has a runny nose, sneezing and cold symptoms, or any of from the list we would ask you to keep them at home. This will help contain the cold "bug" and avoid spreading it to other children in class. We know this might not be ideal but as we are in the early stages of opening it is better to have a cautious approach. Lift the phone and take advice from GP for the child who is ill, but make sure you ask if it is safe to send siblings to school. Give us a ring if they say they can come and we have no problem facilitating late access to school.</p> <p>PLEASE REMEMBER – IF YOUR CHILD IS ILL AT ALL THEY SHOULD NOT BE AT SCHOOL AND SHOULD NOT RETURN UNTIL 48 HOURS AFTER THEY ARE SYMPTOMLESS. This will help stop spread of normal bugs encountered at this time of the year.</p> | |
| <p><i>My child has any coronavirus symptoms</i></p> <p><i>(Please note the list of symptoms is subject to change. We will share any changes as we get them. For the most up to date advice on symptoms)</i></p> | <p>DO NOT COME TO SCHOOL DO NOT SEND SIBLINGS TO SCHOOL Ring PHA/GP for advice Get a test Contact school Self-isolate Inform school immediately about test result</p> | <p>General guide: It is usually safe to come back to school after 48 hours as long as they are fever free.</p> <p><i>(Please note PHA advice supersedes any guidance we have been given which is why it is VITAL you contact them and follow protocol.)</i></p> |
| <p><i>My child had a test but the result is negative.</i></p> | <p>Follow PHA advice You can stop self-isolating if you have a negative test, as long as: Everyone you live with who has symptoms of COVID-19 has tested negative – you need to keep self-isolating if someone in your household tests positive, or develops symptoms of COVID-19 and has not been tested.</p> | <p>General guide: If your child feels well enough, and has not had a raised temperature for more than 48 hours.</p> <p><i>(If your child develops new or worsening symptoms, you should self-isolate and can arrange a re-tested.)</i></p> |
| <p><i>My child tests positive for coronavirus</i></p> | <p>Inform the school immediately about the test result DO NOT COME TO SCHOOL DO NOT SEND SIBLINGS TO SCHOOL Follow PHA advice Contact school Self-isolate for at least 10 days</p> | <p>General guide: They can return to school after 10 days even if they have a cough or loss of taste of smell/taste. These symptoms can last for several weeks once infection is gone. If they continue to have a high temperature they should stay at home. Again you MUST follow PHA advice.</p> |
| <p><i>Somebody in my household has coronavirus symptoms</i></p> | <p>DO NOT COME TO SCHOOL for 14 days DO NOT SEND SIBLINGS TO SCHOOL Follow PHA advice Contact school Household member to get a test Inform the school immediately about the test result</p> | <p>General guide: Stay at home for 14 days after the first person in your home started having symptoms.</p> |
| <p><i>Somebody in my household has tested positive with Coronavirus</i></p> | <p>DO NOT COME TO SCHOOL DO NOT SEND SIBLINGS TO SCHOOL unless advised by PHA</p> | <p>General Guide: The child has completed 14 days of self-isolation</p> |

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| | Inform the school immediately about the test result Follow PHA advice Contact school | |
| <i>The Track and Trace scheme has identified my child as a close contact of somebody with symptoms of confirmed coronavirus</i> | DO NOT COME TO SCHOOL DO NOT SEND SIBLINGS TO SCHOOL unless advised by PHA Contact school Self-isolate for 14 days | General guide: The child has completed 14 days of self-isolation |
| <i>My child has travelled abroad and has to self-isolate as part of the quarantine process</i> | Returning from a destination where quarantine is needed DO NOT COME TO SCHOOL DO NOT SEND SIBLINGS TO SCHOOL Contact school Self-isolate for 14 days Provide information to the school as per attendance policy | When the quarantine period of 14 days has been completed If you are concerned take advice from PHA and visit the following website for up to date information. https://www.gov.uk/guidance/coronavirus-covid-19-travel-corridors |
| <i>Staff or pupils in my child's bubble have tested positive</i> | DO NOT COME TO SCHOOL Inform the school Everyone in the bubble must self-isolate and take a test. | When a negative test is confirmed or the necessary isolation period has been completed. <i>Follow advice from PHA</i> |

| What will happen if...? | What will happen? |
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| <i>A child/staff member in a class bubble is sent home with coronavirus symptoms?</i> |  The Class bubble will remain open and other children/staff will remain in school with usual preventative measures i.e. hygiene control, cleaning and adult to pupil social distancing. |
| <i>A child/staff member in a class bubble tests positive?</i> |  The school will take advice from PHA.  The school will inform you of the positive result.  All children and members of staff in that class protective bubble will be sent home for period which will be recommended by PHA.  The classroom will be deep cleaned before it will reopen and children return.  The child with a positive test and their siblings will remain at home until their household has completed all necessary testing and isolation guidelines.  The adult with positive test will take guidance from PHA and return to school when they are symptomless for 48 hours. |

| What will happen if..? | What will happen? |
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| <i>Your child becomes ill during the school day?</i> <i>(Please note we will check temperature in line with First Aid policy using either a non-contact infrared thermometer to the wrist. If you have specified, you do not want to use the infrared thermometer we will use the ear thermometer.)</i> |  Normal procedure will be followed as far as possible. If the symptoms are in line with COVID-19. Your child will be brought to the medical room outside the Year 1 classroom which has been converted into a Waiting area (isolation space). A member of staff wearing PPE will wait with your child until collected.  If your child has a "normal" childhood illness, then they must not return to school until they are well.  You will be contacted to come and get your child and any siblings.  You will be asked to sign a record of symptoms form.  You will be expected to seek advice for your household from PHA/GP  You must inform the school immediately of advice and any tests that have been carried out.  You must keep your child and any siblings at home until your household has completed all guidance on testing and isolation periods.  Keep us informed! |